

General Membership

\$35/week
Gym Access
Class Access

Programming

\$45/week
Gym Access
Class Access
Individualised programming delivered via True Coach

Personal Training

1:1 - \$85ph Small Group (2-4 people) - \$130ph

Semi Private Coaching

\$95 pw2 x Semi Private sessions pw
Gym Access
Class Access

\$130 pw
2 x Semi Private sessions pw
Additional individualised
programming
Gym Access

Class Access

^{*}All memberships are charged fortnightly via Direct Debit

^{**}Services can be bundled as required